	Skill Level	Skill Focus	Age Groups
	Intermediate	Ball Control	U5/U6 U8

Title: Monster Turn **Duration**: 10-15 minutes

Setup: 15x15 yards (bigger if needed)

Description: Have the players dribble in the grid, Coach acts as a Monster. If the Monster comes and roars at the player, they have to turn away from the monster

Coaching Points:

- Keep your head up

Progressions: Use different turns

- Cutback with the inside of the foot
- Pullback with the bottom of the foot
- Outside chop with the outside of the foot