	Skill Level	Skill Focus	Age Groups
	Beginner	Ball Control	U5/U6 U8

Title: Paint a Picture **Duration**: 10-15 minutes

Setup: 15x15 yards (bigger if needed)

Description: Have the players use their ball as a paintbrush and paint a picture all over the area

Coaching Points:

- Stay in control of he ball
- Don't let the ball get too far away
- Paint inside the lines

Progressions:

- Quicker feet
- Keep your head up

Keep it Fun: What picture did you pain?