	Week	10 Week Session Plan		**Age Groups**
	Player Focus	Ball Control and Passing		U5/U6 U8
	Key Qualities	Players should be interacting with the ball as much as possible. No lines no waiting. Keeping the ball under control is the most import thing. Have fun!!		
Warm Up: Before each session warm up with some juggling, running with the ball or touches (toe touches, tick tocks)		**Scrimmage:** At the end of each session you can spend time scrimmaging. Be sure to keep the players focus on ball control.		

Week	Activity 1	Activity 2	Activity 3
Week 1	Paint a Picture	Greeting Game	Mine Field
Week 2	Can You Do This	Simon Says	Sharks and Minnows
Week 3	Knock'em Down	Hit the Coach	Minnions
Week 4	Red Light/Green Light	Freeze Tag	Pirates and Hunters
Week 5	Cone Dribbling	Criss Cross Dribbling	Frogger
Week 6	Squirrels in the Winter	Monster Turn	Tiger Catcher
Week 7	Easter Egg Hunt	Minnions	Robin Hood
Week 8	Knock'em Down	Clean Your Room	Pirates and Hunters
Week 9	Criss Cross Dribbling	Hit the Coach	Sharks and Minnows
Week 10	Kids vs Parents scrimmage		