	Skill Level	Skill Focus	Age Groups
	Beginner	Ball Control	U5/U6 U8

Title: Freeze Tag **Duration:** 10-15 minutes

Setup: 15x15 bigger if needed

Description:
One player is the tagger and runs around trying to tag others while they are dribbling. If the player gets tagged then they stand with ball over their heads with their feet spread apart. If someone can dribble their ball between their legs they are free to dribble again.

Coaching Points:
- Stay in control of he ball
- Keep your head up to find frozen friends.

Make it Fun:
- Switch out the taggers ever game.