	Skill Level	Skill Focus	Age Groups
	Beginner	Ball Control	U5/U6 U8

Title: Sharks and Minnows **Duration:** 10-15-minutes

Setup: 15x15 bigger if needed

Description:
Have one or two players be sharks and try to steal the ball from the other players (minnows). If the ball is stolen then the minnow becomes a shark

Coaching Points:
- Stay in control of he ball
- Don't let the ball get too far away
- Move fast away from the shark

Progressions:
- How do we keep the ball away from the shark?
  - use your body
  - move fast
  - change direction quickly